

2023 EDITION

MUSLIM-FRIENDLY

HIROSHIMA & WESTERN HONSHU



HIROSHIMA / YAMAGUCHI / OKAYAMA / SHIMANE / TOTTORI

ASSALĀMU ALAYKUM. GREETINGS FROM THE CHUGOKU REGION.

As Japan welcomes more and more visitors from around the world, efforts are being made to accommodate a diverse range of dietary needs. Only a limited number of restaurants, hotels and facilities cater to Muslim travelers in the Chugoku Region (located at the western end of Japan's main island of Honshu and made up of the five prefectures of Hiroshima, Okayama, Tottori, Shimane and Yamaguchi). We hope, however, that this guide will be useful to Muslim travelers visiting our region and help make their stay a pleasant one.

Chugoku Transport and Tourism Bureau

Chugoku Economic Federation

国土交通省中国運輸局
(一社) 中国経済連合会

Note:

Information correct as of March 2023. Please be aware that things do change.

Listings selected under the guidance of Hiroshima Islamic Cultural Center. Please be aware, however, that listings are based upon the declaration of the listed businesses themselves. We do recommend that Muslim diners ask restaurant staff to confirm whether menu items use Halal ingredients or contain any pork or alcohol products when ordering.



[www.hiroshimatours.info/
pdf/muslimguide.pdf](http://www.hiroshimatours.info/pdf/muslimguide.pdf)

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GUIDE TO SYMBOLS



Halal-certified meat served



No pork or pork-derived ingredients on the premises



Vegetarian options available



No alcohol or alcohol-derived ingredients on the premises



Prayer space available



Take out available



English menu



English spoken



Free WiFi



Credit Cards accepted



Non-smoking

IF IN DOUBT...

I am a Muslim.
私は、ムスリムです。

Do you have any dishes that..?

以下の料理の提供は可能ですか。

☐ Do not contain pork products (including bacon, ham, sausage, lard, gelatin)

豚や豚由来材料（ベーコン・ハム・ウィンナー、ラード、ゼラチン等）を含まない料理

☐ Do not contain alcohol (including cooking wine, sake, mirin rice wine)

アルコール（料理酒、みりん、酒精等）を含まない料理

☐ Use Halal meat

ハラール認証肉を使用した料理

CHUGOKU REGION



Matsue Castle, Matsue City (松江城)
© Shimane Prefecture



Tottori Sand Dunes, Tottori City (鳥取砂丘)
© Tottori Prefecture

--- JR Train
--- Shinkansen
--- Bus

OSAKA
KYOTO

HIMEJI

OKAYAMA

From Osaka: 45/50 min
From Hiroshima: 35/40 min

(All times approximate)



Okayama Castle and Korakuen Garden,
Okayama City (岡山城・後楽園)
© Okayama Prefecture



Rurikoji Temple, Yamaguchi City (瑠璃光寺)
© Yamaguchi Prefecture



A-bomb Dome, Hiroshima City (原爆ドーム)
© Hiroshima Prefecture

HIROSHIMA

HIROSHIMA, MIYAJIMA, HIGASHI-HIROSHIMA



1 Italian

MORETHAN HIROSHIMA
MORETHAN 広島

Average price:
Lunch ¥5000
Dinner ¥8000

7:00-23:00
Open everyday

Regular menu includes pizza marinara and grilled mixed vegetables.

THE KNOT HIROSHIMA 1F 3-1-1 Otemachi, Naka-ku, Hiroshima | Tel: 082-569-9069

2 Japanese

ZICON
而今

Average price:
Lunch ¥5000~
Dinner ¥5000~

11:30-23:00
Occasional holidays
www.facebook.com/zicon1982

Reservations required for both meals and take out *bento* lunch boxes.

2F 6-10 Shintenchi, Naka-ku, Hiroshima | Tel: 082-258-2229

3 Okonomiyaki

ORIGAMI
オリガミ

Average price:
Lunch ¥1500
Dinner ¥2500

11:30-13:30 (L.O.) (except Sun, Mon)
17:30-21:00 (L.O.) (Occasional holidays)
www.instagram.com/halal_hiroshima_okonomiyaki

Muslim-friendly Hiroshima soul food. Separate cooking area. Groups welcome.

1F 3-2-18 Otemachi, Naka-ku, Hiroshima | Tel: 082-243-3873

4 Organic cafe

KISSA SAEKI
喫茶さえき

Average price:
Lunch ¥1000
Dinner ¥2000

10:00-18:00
Closed 2nd & 4th Sunday
<http://kissa-saeki.com>

Prayer space available on request. Private room for groups of up to 30.

1-4-25 Kamiya-cho, Naka-ku, Hiroshima | Tel: 082-246-9339

5 Japanese

YAMAICHI BEKKAN
宮島一別館

Average price:
Lunch ¥2500
Dinner ¥2500

11:00-14:00 Weekdays, 11:00-15:00 Weekends 17:00-18:30 Irregular opening (please call in advance), Occasional holidays

Japanese cuisine (incl Wagyu Beef) near ferry terminal on Miyajima.

1162-4 Miyajima-cho, Hatsukaichi | Tel: 0829-44-0700 | yamaichibekkan.com

6 Oyster hut

SHIMADA SUISAN
島田水産

Average price:
Lunch ¥2500
Dinner ¥2500

10:00-16:00 Weekdays, Sun, Nat Hols 10:00-19:00 (or when oysters sell out) Saturday
Occasional holidays / shimadasuisan.com

Opening hours vary according to the season. Reserve one day in advance for Itsukushima Shrine pleasure cruises and to view oysters being pulled out of the sea.

1-2-6 Miyajimaguchi-nishi, Hatsukaichi | Tel: 0829-30-6356

7 Vegetarian (vegan-friendly)

SAISHOKU-KENBI
菜食健美

Average price:
Lunch ¥1000
(Dinner ¥2500)

11:00-16:00 (L.O. 15:00)
Closed Tuesday & occasional holidays
daisho-kikaku.com/hiroshima

10 min by taxi from Nishi-hiroshima. Dinner available for groups of 4 or more with reservation 3 days in advance. Private bookings OK. Prayer space occasionally unavailable.

4-32-2 Koi-ue, Nishi-ku, Hiroshima | Tel: 082-271-3770

8 Hotel dining

HILTON HIROSHIMA
ヒルトン広島

Average price:
Lunch ¥5000~
Dinner ¥8000~

Please refer to the hotel website
www.hilton.com/en/hotels/hijshhi-hilton-hiroshima/

Halal food can be arranged with reservation three weeks in advance.

11-12 Fujimi-cho, Naka-ku, Hiroshima | Tel: 082-243-2700

9 Indian

CHIDIYA KANAK
インド料理チュリヤカナック

Average price:
Lunch ¥1000
Dinner ¥1600

11:00-15:00 (L.O.14:30) 17:00-22:30 (L.O.22:00)
Sunday 17:00-21:30 (L.O.21:00) Closed Tuesday
kanak-hiroshima.com/en

ENG

Prayer space unavailable when busy.

2-2-10 Ote-machi, Naka-ku, Hiroshima | Tel: 082-236-7308

10 Turkish/Mediterranean Cuisine

KARŞIYAKA
カルシャカ

Average price:
Lunch ¥1300
Dinner ¥3500

11:00-14:00 Sat, Sun, National Holidays
17:00-22:30 Every day

ENG

All dishes are Halal. Prayer space unavailable when busy.

2-6-20 Ote-machi, Naka-ku, Hiroshima | Tel: 082-247-2202

11 Indian, Asian

SAPANA
サバナ

Average price:
Lunch ¥1000
Dinner ¥1500

11:00-14:30
17:00-22:30

ENG

Groups of up to 30. Many vegetarian options.

2-10-18 Tokaichi-machi, Naka-ku, Hiroshima | Tel: 082-233-1326

12 Indonesian

WARUNG MATAHARI
インドネシア屋台 ワルンマタハリ

Average price:
Lunch
Dinner ¥2500

17:30 - 21:30 (L.O. 21:00)
Closed Monday, Tuesday
www.warungmatahari.com

ENG

Indonesian cuisine prepared by a Balinese owner-chef.

5-8-13 Ote-machi, Naka-ku, Hiroshima | Tel: 082-240-2082

13 Indian, Nepali

NAMASTE
ナマステハ丁飯店

Average price:
Lunch ¥1000
Dinner ¥2000

11:00-15:00
17:00-22:00
Closed January 1

ENG

Great selection of Muslim-friendly Indian and Nepali food to eat in and take away.

3F 11-13 Hatchobori, Naka-ku, Hiroshima | Tel: 082-222-3240

14 Noodles

TAIKO UDON
太閤うどん中町店

Average price:
Lunch ¥1000
Dinner ¥2000

11:00-15:00 (L.O.14:45) 17:30-21:30
(L.O. 21:00) / Closed Monday
www.taiko-udon.com

ENG

Stylish noodle shop near Peace Blvd. Halal certified meat and vegan dishes.

1F Hiroshima TV Plaza, 6-30 Nakamachi, Naka-ku, Hiroshima | Tel: 082-258-3447

15 Halal bento & Prayer space

SUMIYA SPA & HOTEL
スミヤスパ & ホテル

Average price:
Lunch ¥800
Dinner ¥800

6-18 Kyobashi-cho,
Minami-ku, Hiroshima
Tel: 050-3398-5024

16 Grocery & Prayer space

HALAL SHOP SAJO
ハラルショップ西条

11:00-18:00
Closed Monday, Tuesday
7-7 Saijo-Asahi-machi, Higashi-Hiroshima | Tel: 090-4893-2610

17 Prayer space

HIROSHIMA ISLAMIC CULTURAL CENTER
広島イスラーム文化センター
www.hiroshima-icc.org
4F 2786-1 Taguchi, Saijo-cho
Higashi-hiroshima

18 Cafe

HARA DONUTS Price: ¥130~
はらドーナツ広島店
10:00-20:00
haradonuts.jp/hiroshima.html
Healthy preservative-free soy donuts.
3-13 Mikawa-cho, Naka-ku
Hiroshima | Tel: 082-240-0826

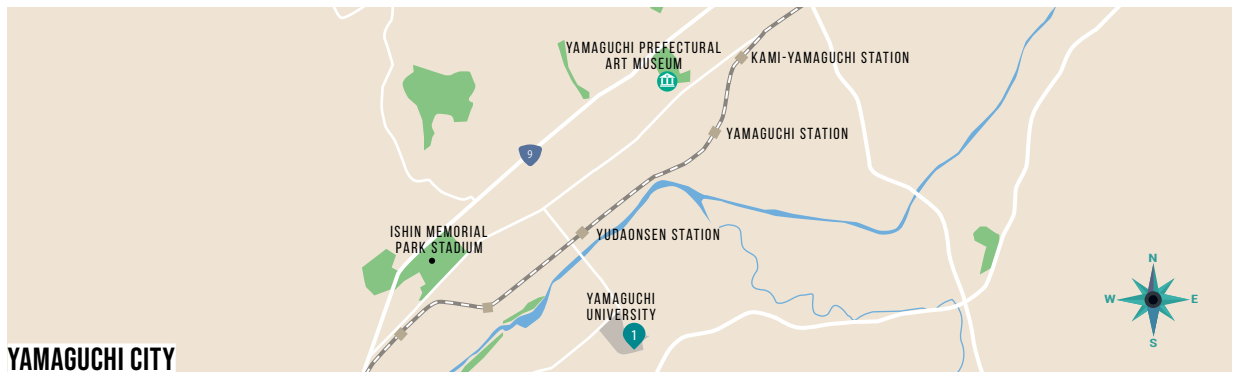
HALAL-CERTIFIED TREATS

Halal-certified versions of Miyajima's most popular gifts, now available courtesy of Yamada-ya


Yamada-ya, maker of Miyajima's popular leaf-shaped *momiji-manju*, sells Halal-certified boxes of the cakes stuffed with sweet bean paste, as well as *shakushi-senbei* crackers.

YAMAGUCHI

YAMAGUCHI



YAMAGUCHI CITY



1 Univ. cafeteria

YAMAGUCHI UNIV. COOP BUONO ボーノ


Average price:
Lunch ¥500
Dinner ¥500

Monday-Friday 08:00-20:00
Saturday 11:00-14:00
Closed Sunday, National Holidays







ENG

Only open Mon-Fri 11:00-14:00 in February, March, August, September

1677-1 Yoshida, Yamaguchi | Tel: 083-995-2706

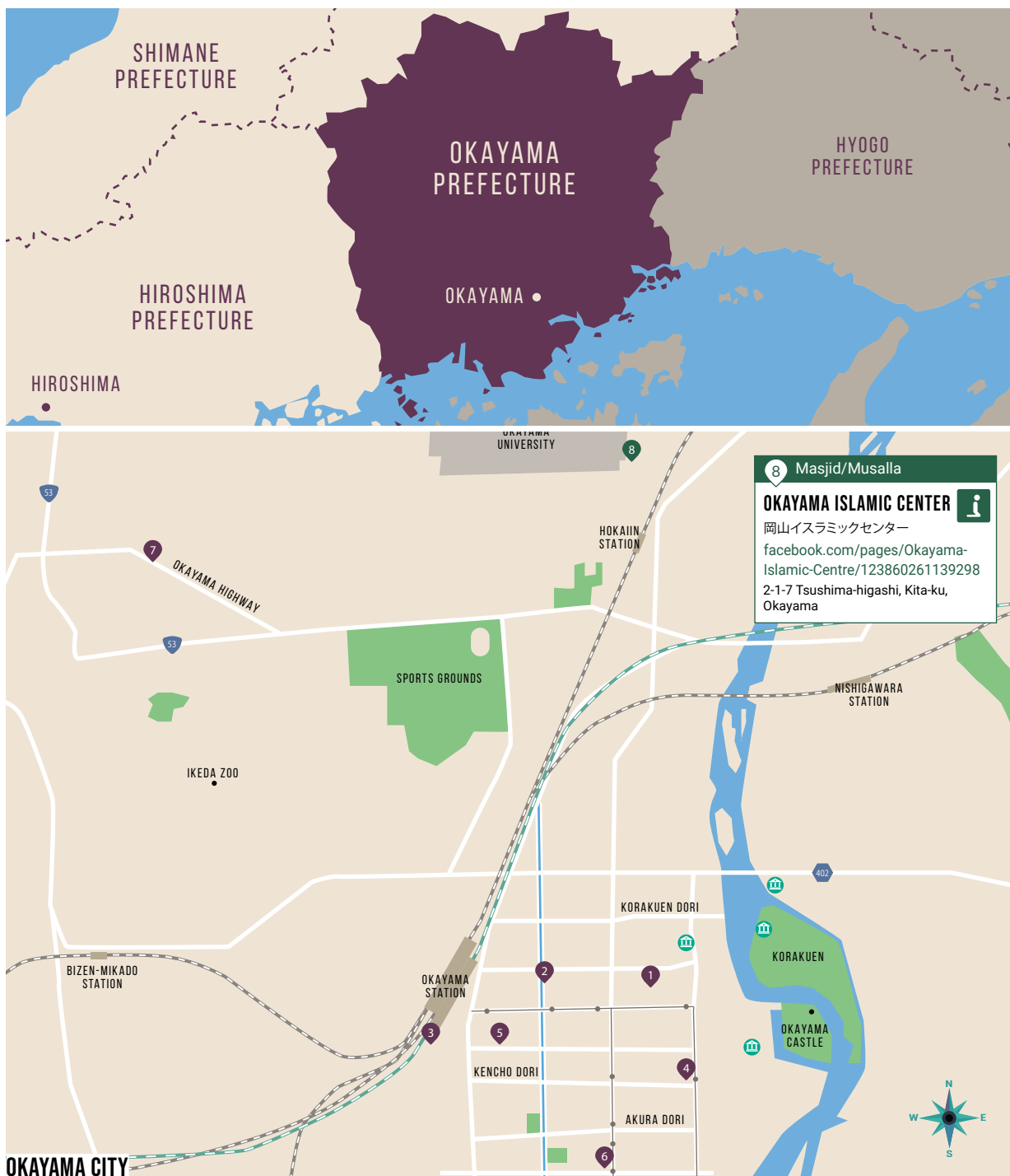




-  Halal-certified meat served
-  No pork cooked on premises
-  Vegetarian options available
-  No alcohol used in cooking
-  Prayer space available
-  Take out available

OKAYAMA

OKAYAMA



1 Shabu-shabu, Sukiyaki

HITORI NABE MEGU
ひとり鍋 恵

Average price:
Lunch ¥2000
Dinner ¥4200

11:00-14:00 (L.O.13:30)
17:30-22:00 (L.O.21:00)
Closed Tuesday

Prepares Halal beef sukiyaki with reservation 1 week in advance.

2-1 Tenjin-cho, Kita-ku, Okayama | Tel: 086-289-5341

2 Indian

MILENGA
ミレンガ

Average price:
Lunch ¥1000
Dinner ¥1500

Mon-Sat 11:00-20:00 (L.O.19:20) Sun, Nat hols 11:00-18:00 (L.O.17:20) Closed first Tuesday of the month / milenga.themarket.co.jp

Halal-certified restaurant that offers Indian home-style cuisine.

1F Oka Bldg 1-3-3 Nodaya-cho, Kita-ku, Okayama | Tel: 086-206-2289

3 Hotel restaurant

HOTEL GRANVIA OKAYAMA DINING & BAR APPLAUSE
ホテルグランヴィア岡山
ダイニング&バー アプローズ

Average price:
Lunch ¥5000
Dinner ¥5000

11:30-14:30 / 17:30-23:00
granvia-oka.co.jp/stay/muslim

¥5,000 Muslim-friendly course meals served with reservation 3 days in advance at Applause on 19F. Please ask at reception before using the prayer room.

19F 1-5 Ekimoto-machi, Kita-ku, Okayama | Tel: 086-233-3138

4 South American

PERU GRILL
ペルーグリル

Average price:
Lunch ¥1000
Dinner ¥2000

11:00-15:00 (L.O. 14:00) Wed-Sun, 18:00-22:00 (L.O. 21:00) Wed-Sat, 18:00-21:00 (L.O. 20:00) Sun, Closed Monday, Tuesday

Reservation recommended on the weekend.

1-8-33 Omote-cho, Kita-ku, Okayama | Tel: 086-201-7275 | email: info@perugrill.jp

5 Cafe

CAFE MONI
カフェモニ

Average price:
Lunch ¥900
Dinner ¥1150

11:30-23:00
Occasional holidays
industries-moni.com

Cafe and wide dessert menu. Muslim-friendly menu available.

10-22 Honmachi, Kita-ku, Okayama | Tel: 086-231-5455

6 Cafe

CAFE SEED OF LIFE
カフェシードオブライフ

Average price:
Lunch ¥1500
Dinner

11:00-19:00
Closed Wednesday

Vegan menu (15 vegetable vegan plate, curry etc).

3-19 Chuo-cho, Kita-ku, Okayama | Tel: 086-230-3401

7 Donuts

MALASADA DONUTS
マラスアダーナツのお店

Price:
¥150~

Tue-Fri 11:00-19:00
Sat, Sun, Nat Hols 11:00-18:00
Closed Monday

Donuts marked with a peach logo are Muslim-friendly.

3-1-28 Tsushima-kyomachi, Kita-ku, Okayama | Tel: 086-253-6661

HALAL-CERTIFIED TREATS

Kids will love these cute Halal-certified Japanese sweet


Kibi-dango sweets, associated with the tale about a boy called Momotaro who battles demons with the help of three animal companions, are Okayama's top souvenir. Koeido produces a range of eight Halal-certified flavors.

© koeido

SHIMANE TOTTORI

MATSUE, IZUMO, TOTTORI, YONAGO





1 Vegan

THE GIFT IZUMO
ザギフトイズモ

Average price:
Lunch ¥1000
Dinner

9:00-16:30
Closed Wednesday
<https://izumo-herbs.com>

5-min walk south of Izumo Taisha. Herbal tea & gluten free desserts also available.

2F 861-1 Taishacho Kizuminami, Izumo | Tel: 0853-77-7159



2 Japanese ryokan

CHIKUYOU
竹葉

Average price:
Lunch ¥1700
Dinner ¥4950*

11:30-14:00 / 18:00-21:00
Occasional holidays
english.chikuyou.jp / info@chikuyou.jp

Reservation 3 days in advance required for Halal course meal. Groups of up to 40. Overnight stay and use of private bath available. * Credit card payment, overnight guests only.

438 Furukawa-cho, Yasugi | Tel: 0854-28-6231



3 Univ. cafeteria

SHIMANE UNIV. COOP NIKORA 2F
ニコラ

Average price:
Lunch ¥500
Dinner

11:30-14:00 (L.O. 13:30)
Closed Sat, Sun, Nat Hols
www.shimadai.coop

Shimane Mosque located in front of the university gates.

1060 Nishi-kawatsu-cho, Matsue | Tel: 0852-32-6246



4 Indian

SPICE
インド料理スパイス

Average price:
Lunch ¥1300
Dinner ¥1700

11:30 - 21:30 (L.O. 21:00)
Closed Tuesday (open if National Holiday)
www.spice-matsue.net

Indian food in Matue city. Organic chai and homemade desserts also available.

1-16-26 Gakuen, Matsue | Tel: 0852-27-7720

- Halal-certified meat served
- No pork cooked on premises
- Vegetarian options available
- No alcohol used in cooking
- Prayer space available
- Take out available

- Halal-certified meat served
 No pork cooked on premises
 Vegetarian options available
 No alcohol used in cooking
 Prayer space available
 Take out available

5 Vegan cafe

ORIBIO TOTTORI
オリビオ 鳥取店

Average price:
Lunch ¥1200
Dinner

11:00-14:00 (lunch) 14:00-17:00 (cafe)
Closed Sun, Mon, Tue, Wed
tottorioribio.business.site

ENG (i) TAKE OUT

Located across the street of Tottori Masjid.

1-743 Koyama-cho-nishi, Tottori | Tel: 0857-28-7388

6 Organic cafe

HANA-AMI
はなあみ

Average price:
Lunch ¥1200
Dinner

11:30-16:00
See IG for holidays
www.instagram.com/hanaami_nana_risa

ENG (i) TAKE OUT

Reservation by telephone 7 days in advance required.

75-4 Fukuichi, Yonago | Tel: 0859-57-4894

7 Vegan

HIBI-NO-KATE
日々の糧

Average price:
Lunch ¥1000
Dinner

11:00-15:00
Closed Sunday
hibinokate.com

ENG (i) TAKE OUT

Reservation by email 2 days in advance required. Accommodation of other dietary needs also possible.

2F 197 Meiji-cho, Yonago | Tel: 0859-34-3773

8 Prayer space

TOTTORI MASJID
鳥取マスコ
www.facebook.com/islamtottori

5-677 Koyama-cho-minami, Tottori (Near University of Tottori)

9 Prayer space

SHIMANE MOSQUE & ISLAMIC CULTURAL CENTER
島根モスク・イスラム文化センター
www.facebook.com/shimanemosque

3F Sakata Bldg. 2-16-24 Gakuen, Matsue



I'M AFRAID I CAN'T EAT~

すみませんが～を食べられません。
(sumimasen ga ~ o taberaremasen)

BEEF  牛肉 gyū-niku	PORK  豚肉 buta-niku	CHICKEN  鶏肉 tori-niku	FISH  魚類 (經節など) gyo-rui
BEEF STOCK  牛出汁 gyū-dashi	PORK STOCK  豚出汁 buta-dashi	CHICKEN STOCK  鶏出汁 tori-dashi	FISH STOCK  魚出汁 sakana-dashi
SHELLFISH  貝 / 甲殻類 kai / kōkaku-rui	EGG  卵 tamago	MILK  牛乳 gyūnyū	CHEESE  チーズ chīzu
BUTTER  バター batā	REFINED SUGAR  白砂糖 shiro-zatō	HONEY  蜂蜜 hachimitsu	SOY  大豆 daizu
PEANUTS  ピーナッツ pinattsu	NUTS  ナッツ nattsu	GLUTEN  グルテン guruten	ALCOHOL  アルコール arukōru



"X" out the foods you wish avoid and show when ordering.



Japan. Endless Discovery.