




コンテンツ名 Title	No.17 Zazen meditation experience at a Shrine of Soto school			エリア Area	Miyanoshita・Josenji	設定期間 Available Date	All year round	
特徴 Features	Experience Zazen meditation at Josenji, founded in 1583 with currently the 23rd generation leading the shrine. ZEN has now been a lifestyle and concept widely acknowledged and appreciated in the Western countries and beyond. This is a special opportunity to experience the genuine Zazen seated meditation. Avoid the crowded afternoon times by experiencing it in the quiet early mornings.			手仕事日 Clearing day	14 days prior to the tour date (by 0:00 AM)	インバウンド対応	× (Temple staff cannot tour in English) Requires accompaniment by National Government Licensed Guide Interpreter etc (arrangement required)	
						キャンセルポリシー Cancel Policies	As stated in the cancelation policies	
行程 Itinerary	Date, Time, Meal			名称 Name	概要 Overall	備考 Note	ガイド Guides	住所 Address / TEL
	Start	Finish	Time					
	9:00			Meet at Josenji Temple	Recommended to stay at Miyanoshita the night in advance.		○	Hakonemachi Miyanoshita 89
	9:15	9:30	0:15	Lecture on Zazen meditation by the vice Chief-priest.	English brochure on how to do Zazen meditation is available.		○	0460-82-2654
	9:30	9:50	0:20	Experience Zazen meditation.			○	
	9:50	10:30	0:40	Shared conversation with the vice Chief-priests, teatime with sweets.	Sweets are made by the Vice Chief-priest, who is also a chef.		○	
料金 Price	一人当たり Per Person	Adult Child	¥3,000 ¥3,000 (Under age 13)	料金に含まれるもの Included in Price	Zazen meditation experience、Special sweets			
				料金に含まれないもの Not included in Price	Travel expenses to and from meeting point			
対応可能人数 Capacity	Maximum 10 people per session.			食事条件 Meal condition	Breakfast			
					Lunch			
				Dinner				
アクセス Access	Approx. 20 minutes by Tozan bust from Hakone-Yumoto station to "Jinja-ma"			ターゲット Target	・Guests who are interested in Japan's traditions and culture ・Guests who have interest in meditation / yoga/ relaxation etc.			
その他 Other Info.	Check schedule and availability to make reservations as the vice Chief-priest may not be available. Meditation is ideal in the quiet mornings. Staying a day prior in the nearby Miyanoshita area is recommended. Guide will require proficiency in English skills in order to accurately translate Buddhism, Shinto and other related themes.							
画像 Images								
URL	https://hakone-japan.com/things-to-do/activities/outdoor-tours-experience/hakone-hachiri/							
Address	258 Yumoto, Hakonemachi, KANAGAWA 250-0311 (Hakone DMO)							
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